



Hi there. This is a project I'd like you to have a go at please.

## MY MEALS

I have designed a form that I want you to fill in. Your teacher will give you the form or they might decide to get you to draw up an identical one.

Once you have the form, I would like you to fill it in for a typical week in your life. All I need to know is the usual meal you have at each given time and then anything you sometimes eat. For example, you might normally have cereals for breakfast but sometimes, perhaps if you are in a hurry, a slice of toast and jam.

Just put a few words into each box on the form. If you don't have two snacks or never eat lunch (not a good idea), then leave those boxes blank.

Thanks a bunch, Owlbut

**Signed with my clawprint**

